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Nagasaki University, Civil and Environmental Engineering

Long Term Student Exchange based on the Double Degree Program

Reflections on Studying Abroad

From 2020 to 2021, I participated in the study abroad program of the university and came to Study in Nagasaki University in Japan, where I had a lot of feelings. Due to the epidemic, our study abroad was postponed from the end of August to November, and we came to Japan.

It was Already December when the quarantine ended. We finally arrived at Nagasaki University on December 1 and officially began our overseas study life.

Looking back on these nine months of studying abroad, we have both missed a lot and gained a lot because of the epidemic. For example, during the Spring Festival, it was the first time that I did not spend the Spring Festival with my parents. I felt a little sad and lonely when I thought about it. But it was a unique experience for me to make dumplings with Ms. Zhu and my friends on that day.

This year, I learned a lot about tunnels in my study. When I first came here, I was completely unable to use ABAQUS software. Now I can proficiently build my own models and solve my own problems. I have learned a lot of skills. Of course, there are also many problems in the course, such as when you first come to the classroom, you may not understand what the teacher is saying. In addition, I have experienced different learning methods. Japanese courses are more active in learning, and teachers pay more attention to students' feelings in class, rather than teaching themselves without considering students' feelings. This year, the biggest change in my life is that I become more independent. As soon as I came to Nagasaki, I bought a frying pan and began to cook and take care of myself. It was a bit lonely to cook and eat by myself, but I gradually got used to it. Sometimes I would eat with friends, go to the supermarket, and buy food together. I think this year, I have grown a lot.

This year's life cannot be separated from the help of Pro. Jiang and Miss Zhu. Pro. Jiang has always been concerned about our study, paying attention to our learning progress, and giving timely suggestions so that we can

study more efficiently. Ms. Zhu also takes care of us very much in life. From the moment he came to Japan, she picked us up at the airport and took us to the city service station to handle affairs. If there are any difficulties in life, Ms. Zhu will help us solve them in time.

I would like to thank Pro. Jiang and Ms. Zhu very much. Of course, I also want to thank to Doctors in Nagasaki University and classmates, for their help and companionship, which made this year's life more fulfilling and interesting.

Finally, I think this experience of studying abroad is an important part of my life. I have learned a lot and grown up a lot. It is a precious memory for me.